

10K Road Race Sign-Up

Maine Lobster Festival 2011

COST: \$15 for pre-registration
\$18 day of the race

WHEN: August 7th, 2011
8:30 a.m.

WHERE: Rockland Public Landing

DIVISIONS: Men's & Women's
Open - First In

14 & under
15-19 20-29 30-39 40-49
50-59 60-69 70-79 80 & up

AWARDS: Prizes to 1st & 2nd places in each age group.

REGISTRATION: Make checks payable to:

Rockland Festival Corporation
PO Box 552
Rockland, ME 04841

CONTACT: Holly Sherburne
207-841-3415
roadrace@mainelobsterfestival.com

* T-Shirts to everyone registered by July 15th.

* Post race refreshments

* Water stops on the course

* Results posted in local papers and on
www.mainelobsterfestival.com

10K Road Race 2011 Registration Form

LAST NAME: _____

FIRST NAME: _____

ADDRESS:

PHONE: _____

EMAIL: _____
(optional, we'll email you about next year's race)

SEX: M / F AGE: _____

DATE OF BIRTH: _____

T-SHIRT SIZE:

S: _____ M: _____ L: _____ XL: _____ XXL: _____
(T-shirts to everyone registered by July 15. First-come, first-served after that.)

In consideration of acceptance of this entry, I hereby waive and release any and all rights and claims for damages I may have against the sponsors and officials for any and all injuries suffered by me in this road race.

Signature: _____
(Signature of parent or legal guardian if under 18)

\$15, pre-registration; \$18, day-of race registr.
Make check payable to: **Rockland Festival Corp.** and mail to P.O. Box 552, Rockland, ME 04841. Or, register online at Active.com.

Road race
sponsored by:

